

## FACULTY MEMBERS

### **Ana Barić, MD, PhD, Croatia**

University Hospital of Split  
School of Medicine, University of Split  
ana.baaric@gmail.com

### **Yolande Borthwick, Scotland**

Lymphoedema Specialist NHS Forth Valley/Lecturer  
School of Medicine, Dentistry & Nursing, Nursing &  
Health Care School  
University of Glasgow  
yolande.borthwick@glasgow.ac.uk

### **Danijela Budimir Mršić, MD, PhD, Croatia**

University Hospital of Split  
School of Medicine, University of Split  
danijelabudimir@gmail.com

### **Antoanela Čarija, MD, PhD, Croatia**

University Hospital of Split  
School of Medicine, University of Split  
antoanela.carija@st.t-com.hr

### **Josipa Grančić, Msc PT, Croatia**

Podologija Split  
University Department for Health Studies University of Split  
National Lymphoedema Framework Croatia  
josipa.grancic@gmail.com

### **Ivana Grgić, RT, ET, Croatia**

University Hospital of Split  
National Lymphoedema Framework Croatia  
ivanagrgic1974@yahoo.com

### **Ivana Klarić Kukuz, Msc PT, Croatia**

University Department of Health Studies University of Split  
National Lymphoedema Framework Croatia

### **Tamara Košević, HCA Clinical Lead, England**

The Princess Grace Hospital  
Chair LIHDA  
tamara.kosevic@hcahealthcare.co.uk  
lhidainfo@gmail.com

### **Rhian Noble-Jones, PhD, PT, Scotland, Honorary Senior Lecturer**

Nursing & Health Care School, University of Glasgow  
National Researcher for Lymphoedema Network Wales  
Cimla Health Centre Swansea University  
rhian.noble-jones@glasgow.ac.uk  
rhian.noble-jones@wales.nhs.uk

### **Tanja Planinšek Ručigaj, MD, PhD, Slovenia**

University Medical Centre Ljubljana  
Faculty of Health Angela Boškin  
t.rucigaj@gmail.com

### **Ana Poljičanin, MD, PhD, Croatia**

University Hospital of Split  
University Department of Health Studies University of Split  
National Lymphoedema Framework Croatia  
ana.poljicanin@gmail.com

### **Margaret Sneddon, Scotland**

Honorary Senior Research Fellow  
School of Medicine, Dentistry and Nursing  
College of Medical, Veterinary and Life Sciences  
University of Glasgow  
Chair British Lymphology Society  
margaret.sneddon@glasgow.ac.uk  
m.sneddon@thebls.com

### **Mirna Žulec, RN, MsN, PhD, Croatia**

Polyclinic Marija, Zagreb  
Catholic University of Croatia, Department of Nursing  
mirna.zulec@gmail.com

# 1. Croatian School of Lymphoedema

September 16<sup>TH</sup> - 17<sup>TH</sup>, 2022

Split, Croatia

UNIVERSITY OF SPLIT  
UNIVERSITY DEPARTMENT OF HEALTH STUDIES  
NATIONAL LYMPHOEDEMA FRAMEWORK CROATIA –  
LYMPH & I

## PROGRAMME DIRECTOR

Assistant professor **Ana Poljičanin**, MD, PhD

## ORGANIZING COMMITTEE

**Margaret Sneddon**, Scotland

**Tamara Košević**, England

**Ivana Klarić Kukuz**, Croatia

**Josipa Grančić**, Croatia

**Stipan Janković**, Croatia

**Ivanka Marinović**, Croatia

**Irena Drmić Hofman**, Croatia

**Mirna Petričević**, Croatia

**Mario Podrug**, Croatia

**Gabrijela Tenžera**, Croatia

**Lara Vučković**, Croatia

**Ivana Grgić**, Croatia

**Martina Grančić**, Croatia

## Friday, September 16<sup>th</sup>

12.00 – 13.00 Registration of participants

### WELCOME NOTES

13.00 – 13.30

- University Department of Health Studies University of Split – Stipan Janković
- Croatian Council of Physiotherapists – Mirjana Grubišić
- Croatian Society for Physical and Rehabilitation Medicine – Frane Grubišić
- National Lymphoedema Framework Croatia/ Programme Director – Ana Poljičanin
- Rector of the University of Split – Dragan Ljutić

### SCIENTIFIC PROGRAMME

13.30 – 13.50 The British Lymphology Society – Margaret Sneddon, Scotland

13.50 – 14.10 Establishment of Successful Diagnosis of Lymphoedema in Croatia – Ana Poljičanin, Croatia

14.10 – 14.30 Glasgow Assessment and Treatment Plan Method in Lymphoedema/Lipoedema Management – Yolande Borthwick, Scotland

14.30 – 14.50 Ultrasound Criteria for Lymphoedema Diagnosis – Danijela Budimir Mršić, Croatia

14.50 – 15.10 Lymphoscintigraphy in Lymphoedema – Ana Barić, Croatia

15.10 – 15.55 **Break**

15.55 – 16.15 Chronic Wounds and Lymphoedema – Tanja Planinšek Ručigaj, Slovenia

16.15 – 16.35 Skin Care in Patients with Lymphoedema/ Lipoedema – Antoanela Čarija, Croatia

16.35 – 16.55 Genital Lymphoedema – Rhian Noble Jones, Scotland

16.55 – 17.15 Lymphoedema and Nutrition; Importance of weight management in Lymphoedema – Ana Poljičanin, Croatia

17.15 – 17.35 Self-assessment of Lymphoedema and Quality of Life in Croatia – Ivana Klarić Kukuz, Croatia

17.35 – 17.55 LIHDA – Lymphoedema and Global Health – Tamara Košević, England

17.55 – 18.40 **Round table**

18.40 – 19.40 **NETWORKING WITH STAKEHOLDERS**

## Saturday, September 17<sup>th</sup>

8.00 – 9.00 Registration of participants

### WORKSHOP

9.00 – 9.45

**WORKSHOP I** Casley Smith Lymphoedema Self-Care, Yolande Borthwick, Scotland

**WORKSHOP II** Therapeutic Exercises and Physical Activity, Josipa Grančić, Croatia

10.00 – 10.45

**WORKSHOP III** Wound Care, Mirna Žulec, Ivana Grgić, Croatia

**WORKSHOP IV** Brachial Pressure Index - ABPI, Tanja Planinšek Ručigaj, Slovenia

10.45 – 11.15 **Break**

11.15 – 12.00

**WORKSHOP V** Application of Multilayer Limb Bandaging in Intensive Phase of Lymphoedema Ivana Klarić Kukuz, Croatia, Tanja Planinšek Ručigaj, Slovenia

**WORKSHOP VI** Treatment and Self Care Tips for Genital Oedema Rhian Noble Jones, Scotland

12.00 – 12.45 **Round table**

12.45 – 13.45 **NETWORKING WITH STAKEHOLDERS**

13.45 – 14.00 **Closing word**